

SPIRITUAL CONVERSATION

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We are to cultivate the art of spiritual conversation. We are forever talking to other people and in their absence what do we do, we talk to ourselves. So what is spiritual conversation? It is conversation with other people indeed. What about the things of God? About things that are sacred about our faith? About our own religious experience? About the things that pertain to our Lord, to our Lady, the saints, the Church, the Holy Eucharist, prayer, acts of piety, stories that elate to what is holy. I believe most people's conversation most of the time is in technical language is profane conversation about the things of this world. I hope you agree. Hours on end, lost in animated conversation, about what? Except about the one Being on whom everything else depends.

Some practical suggestions. There is such a thing as being prepared for conversation. You don't just walk into a conversation. Now of course, we don't come with a book or two under your arm and a pad and notes, let's see here on page seven. There's also such a thing as cultivating the art of mastering a conversation. And the one who masters a conversation is not, believe me, the one that does most of the talking. A judicious question. A short comment. But we are talking about spiritual conversation. This is an art and some people never learn it. Of course, of course, from the depths of the heart as Christ tells us, the mouth speaks. We are going to be only as adapt in spiritual conversation as you are interiorly united with God.

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